

Flu Watch

MMWR Week 1: December 30, 2018 to January 5, 2019

All data are provisional and subject to change as more reports are received.

Geographic Spread



South Carolina reported widespread activity this week. This is the second consecutive week at widespread activity.

Influenza Activity



Overall, there was **no change** in influenza activity this week.

Regional Influenza Activity



Increase



No change



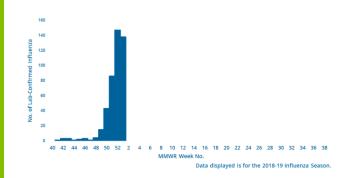
Increase



No change

Virologic Surveillance

This week there were **138** lab-confirmed tests reported. Influenza A was most frequently reported. In the current flu season, there has been **450** lab-confirmed tests reported.



Influenza-Like Illness Surveillance

The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was **4.77%**, which is **above** South Carolina's baseline **(3.53%)**. The ILI activity level overall was high.

6% 5% 4% 4% 1% 2% 1% 1% 0% 15-Dec 22-Dec 29-Dec 5-Jan Week Ending Data displayed is for the 2018-19 influenza Seas

ctiousDiseases/Flu/FluData/

Influenza-Associated Hospitalizations

This week **139** influenza-associated hospitalizations were reported by **51** hospitals. The cumulative hospitalization rate is **9.4 per 100,000**. In the current flu season, there have been **475** influenza-associated hospitalizations.

Influenza-Associated Deaths

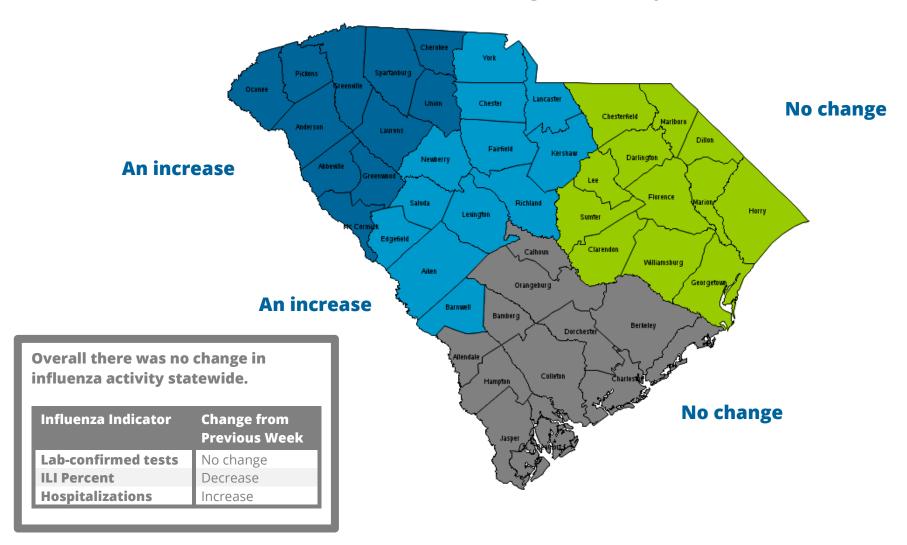
This week **3** influenza-associated deaths were reported; however, all deaths occurred during previous weeks. The cumulative mortality rate is **0.3 per 100,000**. In the current flu season, there have been **14** influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: http://www.scdhec.gov/Health/DiseasesandConditions/Infe

For national surveillance, please visit: https://www.cdc.gov/flu/weekly/

Influenza Activity*

In the 4 Public Health Regions, activity showed...



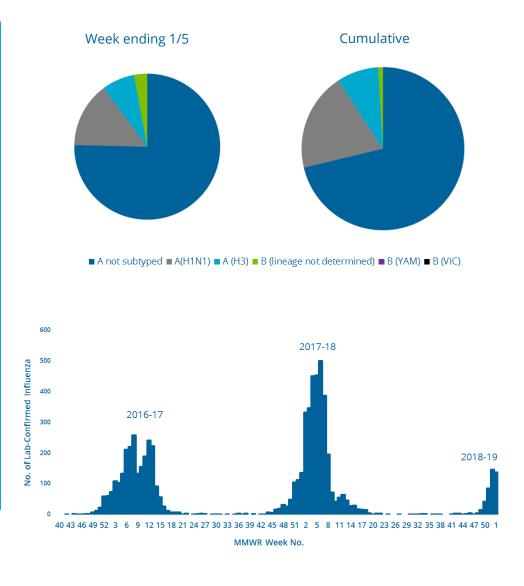
^{*}Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

Virologic Surveillance

Influenza Type	Season Totals To Date							
No. (%)	This Week	2018-19	2017-18	2016-17	5 season average			
Overall	138	450	515	172	280			
Influenza A	134 (97.1)	417(92.7)	438(85.0)	127(73.8)	251(89.8)			
A(H3)	10(7.5)	35(8.4)	131(29.9)	61(48.0)	79(31.3)			
A(H1N1)	20(14.9)	82(19.7)	27(6.2)	4(3.1)	65(26.1)			
A(NS)*	104(77.6)	300(71.9)	280(63.9)	62(48.9)	107(42.6)			
Influenza B	4 (2.9)	33(7.3)	77(15.0)	45(26.2)	29(10.2)			
B (Victoria)					0			
B (Yamagata)			13(16.9)		3(9.1)			
B (LND)⁺	4(100)	33(100)	64(83.1)	45(100)	26(90.9)			

*NS - not subtyped *LND - lineage not determined

Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2018-19 influenza season began on September 30, 2018 and will end on September 28, 2019.

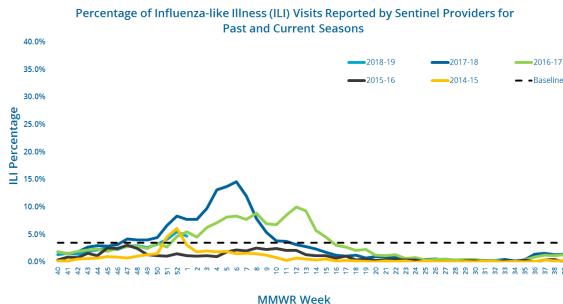


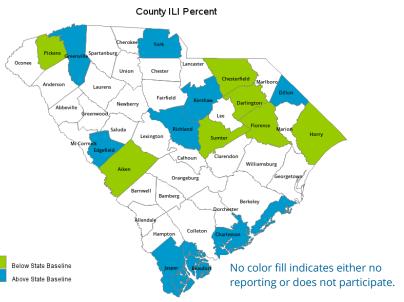
Influenza-Like Illness Surveillance

This week, the ILI activity level was **high** and **4.77%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.53%**.

Reports were received from providers in 16 counties, representing all DHEC Public Health regions.

ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.





State ILI Activity Level 2018-19 Calendar by Week of the Year

OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
40	44	48	1	5	9	14	18	22	27	31	36
41	45	49	2	6	10	15	19	23	28	32	37
42	46	50	3	7	11	16	20	24	29	33	38
43	47	51	4	8	12	17	21	25	30	34	39
		52			13			26		35	

ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

Influenza-Associated Hospitalizations And Deaths

Hospitalizations No. (Rate)	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week	139(2.8)	6(2.0)	2(0.3)	25(1.2)	26(2.6)	80(9.3)
2018-19	475(9.4)	27(9.2)	13(1.6)	87(4.2)	121(12.1)	227(26.3)
2017-18	810(16.1)	34(11.6)	29(3.6)	105(5.1)	160(16.0)	482(55.7)
2016-17	268(5.4)	14(4.8)	11(1.4)	46(2.3)	69(7.0)	128(15.4)
5 season average	713(14.6)	48(16.6)	32(4.0)	123(6.1)	159(16.3)	351(44.5)

Deaths No. (Rate)	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week						
2018-19	14(0.3)	1(0.3)		1(0.0)	5(0.5)	7(0.8)
2017-18	29(0.6)			1(0.0)	3(0.3)	25(2.9)
2016-17	8(0.2)			1(0.0)	1(0.1)	6(0.7)
5 season average	23(0.5)	0	0	2(0.1)	4(0.3)	17(2.1)

